## North Eastern Community Health Association ANNUAL REPORT 2015

I am glad to present the annual report of the key activities undertaken by NECHA team in the year 2015. NECHA, in the effort of making Community Health as a movement in the rural areas, has kept the Health of the Rural Population as its focus of activities. The various programs could be classified in 3 Levels, Regional, Diocesan and Village.

## **REGIONAL LEVEL**

A Regional level CHAI Repositioning Retreat from 23 to 26 March 2015 was animated by Rev.Fr.VM Thomas sdb, National President CRI, Rev.Fr.Mathew Abraham CSSR, Secretary to CBCI Commission for Health and Sr.Vijaya SCC. The Participants were 14 in Number. The first ever hospital administrators of all Christian Hospitals convention was conducted on 20th August with a view to form a core group of persons who will promote network and collaborate among themselves and do advocacy with the Government on health issues. Archbishop Mollachira was the chief guest. Dr. Vijay Anand Ismavel, of Christian Hospital Makunda, Dr. Koshi Baptist Hospital Tezpur, Dr. Koshi George, Fr. Paul Thettayil formed the first core group. RNTCP Review meet was organized on 21st August with Sr.Prabha Varghese, Dr.Girish Singh and Dr.Neog. Rev.Fr.K C George, founder of NECHA was honoured on 21st by all Member Institutions of NECHA present with a special program from 5.00to 700 pm. He celebrated his Golden Jubilee of his Priestly Ordination. Onam dishes were served to 120 guests. AGBM 2015 was organised on 22nd August at NECHA which was attended by 50 member Institutions. Archbishop John Moolachira, Rev.Fr.K C George, Sr.Prabha Varghese and CHAI President Rev.Fr.Julius Arackal CMI, graced the occasion.





(Delegates of Christian Hospitals of North East meeting at NECHA Aug. 20, 2015)





(CHAI Repositioning Retreat at NECHA)

(RNTCP Review meet organized in NECHA)





(Golden Jubilee celebrations of Rev.Fr. KC George, Founder of NECHA, August 21, 2015)

## **DIOCESAL LEVEL**

The plan of CHAI to conduct SPP in all the diocesan Units of CHAI was materialized in 12 Dioceses where the Bishop/his Delegate, Diocesan Social Service Director, Secretary to Education Commission, Secretary to Health Commission of the diocese and CHAI Unit Presidents were present. Fr. Paul Thettayil conducted the Meetings in 12 dioceses when the Member Institutions were given a direction of their health care activities, the relevance of Rural Health care in the present situation of competition and profit making. The highlight was the road mapping of religious congregations working in those dioceses who could provide a full time Health Coordinator and road mapping of persons who could be proposed to become the Health Coordinator of the diocese. The director also attended all the AGBMs of the dioceses conducted in 2014 and 2015. Food security and food safety was explained in the meetings.



(Shillong)



(Guwahati)



(Nongstoin)



(Aizawl)



(Tezpur)



(Imphal)



(Bongaigaon)



(Diphu)



(Miao)



(Tura)



(Kohima)

## **VILLAGE LEVEL**

Village level activities consisted of animation classes, trainings, medical camps and literacy program for women in 20 villages. Empowerment of women and integral rural health was the aim of all activities. NECHA conducted the first Training of Teachers for Village Literacy for women in Sonapur villages on 30, 31 January 2015 in NECHA Buildings and the second phase of teacher's training for Nagrijuli Villages was conducted in July in Oznam Health Centre Nagrijuli. Sr. Teresa Tirkey HM is the Local Coordinator. Training of Adult Literacy teachers and Health Leaders was conducted where Classes on health and hygiene, communicable and non-communicable diseases, Nutrition, Prenatal and Post Natal care, Awareness on TB and Malaria, Disability, formation of SHG and home Hygiene, clean drinking water, empowerment through financial independence etc. were taught. Vocational training for adult girls for income generation, classes on nutrition and its effects, nutritional supplement to pregnant mothers, classes on Malaria and distribution of medicated mosquito nets to the families in the villages (1300 families) supply of Vitamin A to children in the villages, and Albendazole to adults and children, in various Health Centres of North East through Nurse Sisters and doctors (2618 persons), Free medical check up in 12 villages and supply of medicines (1560 patients) training of village teachers on disability its causes and prevention and treatment, awareness on personal hygiene key to prevention of illness, need of sufficient nutrition to the girl child, awareness on TB, the Information on the immunization and vaccination programs of state Governments, free operation of cleft lip and palate deformity by "Operation Smile" at Mahindra Mohan Choudhury Hospital, Guwahati and the need to go for institutional delivery in order to reduce MMR and IMR, were taught to rural women.



(Awareness on Hygiene & Health)



(Monitoring adult literacy class in a village)



(Classes on pre-natal & post natal care)



(Classes of Awareness on Cancer)



(Supply of Vitamin A and Albendazole to Children and Women and Nutritional supplement)





(Tailoring Course & supply of tailoring machines) (Awareness on Malaria & distribution of Mosquito nets to families)



(Viatamin A & Albendazole to rural population)



(Free health Check up & supply of medicines





(Hospitality Training for job placement)



(Training of Village Teachers on Disability)



(Awareness on T.B)





( Free Operation of cleft lip and palate deformity by operation Smile at Mahindra Mohan Choudhury Hospital Guwahati)

Fr. Paul Thettayil Director NECHA